

## Watering Hole

Nutrition Facts			
Serving Size 1 (serving size may vary)			
Amount Per Serving			
<b>Calories</b>	290	Calories from Fat	240
<b>% Daily Value*</b>			
<b>Total Fat</b>	<b>27g</b>		41%
Saturated Fat	11g		55%
Polyunsaturated Fat	1g		
Monounsaturated Fat	0g		
Trans Fat	1g		
<b>Cholesterol</b>	<b>60mg</b>		20%
<b>Sodium</b>	<b>1220mg</b>		51%
<b>Total Carbohydrate</b>	<b>25g</b>		9%
Dietary Fiber	Less than 1g		3%
Sugars	5g		
<b>Protein</b>	<b>14g</b>		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	10%
Thiamin	15%	Riboflavin	8%
Niacin	6%	Folic Acid	8%

\*Based on a 2,000 calorie diet.

*Allergens: Wheat*

*(Hot dog only: none reported)*

## Hot Dog



Nutrition Facts			
Serving Size 1 (serving size may vary)			
Amount Per Serving			
<b>Calories</b>	410	Calories from Fat	260
<b>% Daily Value*</b>			
<b>Total Fat</b>	<b>28g</b>		44%
Saturated Fat	9g		45%
Polyunsaturated Fat	1g		
Monounsaturated Fat	0g		
Trans Fat	0g		
<b>Cholesterol</b>	<b>60mg</b>		20%
<b>Sodium</b>	<b>1150mg</b>		48%
<b>Total Carbohydrate</b>	<b>26g</b>		9%
Dietary Fiber	Less than 1g		3%
Sugars	4g		
<b>Protein</b>	<b>15g</b>		0
Vitamin A	0%	Vitamin C	0%
Calcium	6%	Iron	8%
Thiamin	15%	Riboflavin	8%
Niacin	6%	Folic Acid	8%

\*Based on a 2,000 calorie diet.

*Allergens: Wheat*

*(Bratwurst only: none reported)*

## Bratwurst



## Nutrition Facts

Serving Size 1 (serving size may vary)

### Amount Per Serving

**Calories** 340    Calories from Fat 190

**% Daily Value\***

**Total Fat 21g** 32%

Saturated Fat 7g 35%

Polyunsaturated Fat 1g

Monounsaturated Fat 0g

Trans Fat 5g

**Cholesterol 50mg** 17%

**Sodium 940mg** 39%

**Total Carbohydrate 24g** 8%

Dietary Fiber Less than 1g 3%

Sugars 5g

**Protein 13g**

Vitamin A 0%    Vitamin C 0%

Calcium 4%    Iron 10%

Thiamin 15%    Riboflavin 8%

Niacin 6%    Folic Acid 8%

\*Based on a 2,000 calorie diet.

*Allergens: Wheat*

*(Sausage only: none reported)*

## Summer Sausage



## Sauerkraut Added to Any Item

## Nutrition Facts

Serving Size 1.5oz (serving size varies per item)

### Amount Per Serving

**Calories** 7.5    Calories from Fat 0

**% Daily Value\***

**Total Fat 0g** 0%

Saturated Fat 0g 0%

**Cholesterol 0mg** 0%

**Sodium 278mg** 12%

**Total Carbohydrate 1.5g**

Dietary Fiber 1.5g 4%

Sugars 0g

**Protein 0g**

Vitamin A 0%    Vitamin C 10%

Calcium 2%    Iron 3%

\*Based on a 2,000 calorie diet.

*Allergens: none reported*



**Add Chili to Any Item**

Nutrition Facts			
Serving Size ½ cup (serving size varies per item)			
Amount Per Serving			
<b>Calories</b>	120	Calories from Fat	50
% Daily Value*			
<b>Total Fat</b>	<b>5.5g</b>		8%
Saturated Fat	2g		12%
Trans Fat	0g		
<b>Cholesterol</b>	<b>27mg</b>		9%
<b>Sodium</b>	<b>550mg</b>		46%
<b>Total Carbohydrate</b>	<b>8g</b>		2%
Dietary Fiber	2g		8%
Sugars	1.5g		
<b>Protein</b>	<b>10g</b>		
Vitamin A	20%	Vitamin C	0%
Calcium	10%	Iron	15%

\*Based on a 2,000 calorie diet.

*Allergens: Soy, Wheat*



**Add Cheese to Any Item**

Nutrition Facts			
Serving Size 2oz (serving size varies per item)			
Amount Per Serving			
<b>Calories</b>	80	Calories from Fat	50
<b>Total Fat</b>	<b>6g</b>		
Saturated Fat	1.5g		
Trans Fat	2g		
<b>Cholesterol</b>	<b>0mg</b>		
<b>Sodium</b>	<b>580mg</b>		
<b>Total Carbohydrate</b>	<b>7g</b>		
Dietary Fiber	0g		
Sugars	2g		
<b>Protein</b>	<b>1g</b>		
Vitamin A	2%	Vitamin C	6%
Calcium	0%	Iron	0%

\*Based on a 2,000 calorie diet.

*Allergens: Dairy*



## Fries

Nutrition Facts	
Serving Size 10.5oz (serving size may vary)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 420	Calories from Fat 105
<b>% Daily Value*</b>	
<b>Total Fat 12.5g</b>	18%
Saturated Fat 2g	10%
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 5g	
Trans Fat 0g	
<b>Cholesterol 0mg</b>	0%
<b>Sodium 70mg</b>	3%
<b>Total Carbohydrate 67g</b>	21%
Vitamin A 0%	Vitamin C 6%
*Based on a 2,000 calorie diet.	

*Allergens: Soy*



Nutrition Facts	
Serving Size 1 pretzel	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 190	Calories from Fat 9
<b>% Daily Value*</b>	
<b>Total Fat 1g</b>	2%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	0%
<b>Sodium 160mg</b>	7%
<b>Total Carbohydrate 40g</b>	13%
Dietary Fiber 2g	8%
Sugars 1g	
<b>Protein 6g</b>	12%
*Based on a 2,000 calorie diet.	

*Allergens: Wheat, Egg*

## Soft Baked Pretzel



## Bud Light

Nutrition Facts	
Serving Size 12oz (serving size may vary)	
Amount Per Serving	
<b>Calories</b>	110
Calories from Fat	0
<b>Total Fat</b> 0g	0%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 11mg	1%
<b>Total Carbohydrate</b> 7g	5%
<b>Protein</b> 1g	0
*Based on a 2,000 calorie diet.	

*Allergens: Wheat*



## Land Shark

Nutrition Facts	
Serving Size 12oz (serving size may vary)	
Amount Per Serving	
<b>Calories</b>	150
<b>Total Fat</b> 0g	
<b>Cholesterol</b> 0mg	
<b>Sodium</b> 11mg	
<b>Total Carbohydrate</b> 13.4g	
<b>Protein</b> 1g	
*Based on a 2,000 calorie diet.	

*Allergens: Wheat*



## Shiner Bock

Nutrition Facts	
Serving Size 12oz (serving size may vary)	
Amount Per Serving	
<b>Calories</b>	142
<b>Total Fat</b>	0g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	0mg
<b>Total Carbohydrate</b>	13g
<b>Protein</b>	1.2g
*Based on a 2,000 calorie diet.	

*Allergens: Wheat*



## Stella

Nutrition Facts	
Serving Size 12oz (serving size may vary)	
Amount Per Serving	
<b>Calories</b>	144
<b>Total Fat</b>	0g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	24mg
<b>Total Carbohydrate</b>	13.4g
<b>Protein</b>	1.2g
*Based on a 2,000 calorie diet.	

*Allergens: Wheat*



## Goose Island Harvest Ale

Nutrition Facts	
Serving Size 12oz	
<b>Amount Per Serving</b>	
<b>Calories</b>	180
<b>Total Fat</b>	0g
<b>Cholesterol</b>	0mg
<b>Sodium</b>	35mg
<b>Total Carbohydrate</b>	45g
Sugars 43g	
<b>Protein</b>	0g
*Based on a 2,000 calorie diet.	

*Allergens: Wheat*



## Pepsi

Nutrition Facts			
Serving Size 8 fl oz			
Amount Per Serving			
<b>Calories</b>	100	Calories from Fat	0
<b>Total Fat</b>	0g		
<b>Sodium</b>	25mg		
<b>Total Carbohydrate</b>	28g		
	Sugars 27g		
<b>Protein</b>	0g		
*Based on a 2,000 calorie diet.			



## Diet Pepsi

Nutrition Facts			
Serving Size 8 fl oz			
Amount Per Serving			
<b>Calories</b>	0	Calories from Fat	0
<b>Total Fat</b>	0g		
<b>Sodium</b>	25mg		
<b>Total Carbohydrate</b>	0g		
	Sugars 0g		
<b>Protein</b>	0g		
*Based on a 2,000 calorie diet.			



## Tropicana Fruit Punch

Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	100
Calories from Fat	0
<b>Total Fat</b>	<b>0g</b>
<b>Sodium</b>	<b>25mg</b>
<b>Total Carbohydrate</b>	<b>30g</b>
Sugars	30g
<b>Protein</b>	<b>0g</b>
*Based on a 2,000 calorie diet.	



## Sierra Mist

Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	100
Calories from Fat	0
<b>Total Fat</b>	<b>0g</b>
<b>Sodium</b>	<b>20mg</b>
<b>Total Carbohydrate</b>	<b>27g</b>
Sugars	27g
<b>Protein</b>	<b>0g</b>
*Based on a 2,000 calorie diet.	



Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	110    Calories from Fat    0
<b>Total Fat</b>	0g
<b>Sodium</b>	35mg
<b>Total Carbohydrate</b>	29g
	Sugars 29g
<b>Protein</b>	0g
*Based on a 2,000 calorie diet.	

**Mountain Dew**



Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	0    Calories from Fat    0
<b>Total Fat</b>	0g
<b>Sodium</b>	30mg
<b>Total Carbohydrate</b>	0g
	Sugars 0g
<b>Protein</b>	0g
*Based on a 2,000 calorie diet.	

**Brisk Iced Tea**



## Tropicana Pink Lemonade

Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	100
Calories from Fat	0
<b>Total Fat</b>	<b>0g</b>
<b>Sodium</b>	<b>105mg</b>
<b>Total Carbohydrate</b>	<b>27g</b>
Sugars	27g
<b>Protein</b>	<b>0g</b>
*Based on a 2,000 calorie diet.	



## Dr. Pepper

Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	100
Calories from Fat	0
<b>Total Fat</b>	<b>0g</b>
<b>Sodium</b>	<b>35mg</b>
<b>Total Carbohydrate</b>	<b>27g</b>
Sugars	27g
<b>Protein</b>	<b>0g</b>
*Based on a 2,000 calorie diet.	



## Diet Dr. Pepper

Nutrition Facts	
Serving Size 8 fl oz	
Amount Per Serving	
<b>Calories</b>	0
Calories from Fat	0
<b>Total Fat</b>	0g
<b>Sodium</b>	35mg
<b>Total Carbohydrate</b>	0g
Sugars	0g
<b>Protein</b>	0g
*Based on a 2,000 calorie diet.	

